

Variable	Mean	SD	Min	Max
Age	38.5	10.2	25	55
Gender	Male	Female		
Marital Status	Married	Single		
Education	High School	College		
Occupation	Manager	Worker		
Income	Low	High		
Health Status	Good	Poor		
Stress Level	Low	High		
Life Satisfaction	High	Low		
Resilience	High	Low		
Optimism	High	Low		
Gratitude	High	Low		
Forgiveness	High	Low		
Empathy	High	Low		
Compassion	High	Low		
Kindness	High	Low		
Generosity	High	Low		
Patience	High	Low		
Self-control	High	Low		
Emotional Stability	High	Low		
Psychological Well-being	High	Low		
Life Purpose	High	Low		
Meaning in Life	High	Low		
Existential Well-being	High	Low		
Transcendental Well-being	High	Low		
Overall Well-being	High	Low		

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